

ARROWHEAD TALENT SOLUTIONS



Life Planning Questionnaire

Some key points:

- Don't allow yourself to start thinking of specific jobs
- Don't try to immediately solve this puzzle; just let thoughts come out
- Focus less on what your ideal job, job title, etc. is. Focus more on how you will feel, where you'll be, how you'll spend time, what gifts you want to use, what skills you want to develop, etc. So, it's more of a future state you're mapping out. Once you've done that work, you can find jobs that fit your goals and preferences

When answering these questions, think about where you see yourself in 5 years.

FOR STARTERS:

This section will help you generate ideas about the "current state" in your work life.

- *What do I like about my current job?*
- *What don't I like about my current job?*
- *What are your favorite hobbies? Think of activities you enjoy doing so much that time seems to fly by when you're doing them.*
- *What are some ideas, objects, activities do you love to talk about?*
- *Are you fulfilling your potential in your current job? Are you growing new skills and developing?*
- *Do you feel you're accomplishing your "mission" in life through your job? In other words, are you doing what you're meant to be doing with your time on earth?*
- *Do you know what your mission in life is? If so, what is it?*

PEOPLE:

Think of the people who you would like to associate with in your future work.

- *What kind of people will I work with?*
- *Describe the work environment. Is it formal, quiet, loud, collaborative, autonomous?*



- *What is my ideal manager like?*
- *Do I even have a manager?*
- *Do I have a team to manage? If so, what are these people like?*
- *Who do you interact with at work? Are they clients, co-workers, government officials?*

WORKPLACE:

Believe it or not, your work environment is a huge factor in determining your satisfaction at work. Think about a workplace in which you could see yourself thriving.

- *What does the workspace look like? Traditional, fun, something in-between?*
- *What does your personal work space look like? Office, cube, conference room, etc.?*
- *How is your workspace decorated?*
- *What does your "work" look like? Is it a huge headquarters, in a strip mall, an old and cool building in trendy part of town, etc.?*
- *Is your "work" located in a suburb, urban area, country, industrial park, etc.?*
- *How are people dressed at your work?*

WHERE:

Think about where your work could take you. Don't put limits on yourself.

- *Where would I love to live?*
- *Do I want to travel? If so, how much? If so, where would I go? How long would I be gone from home?*



YOUR WHY:

Think about why you would want to get up and go to work every day. Why are you motivated, passionate, and effective 5 years from now?

- *What workplace values are really important to me? Answers can vary, but think of things like transparency, "best idea wins," ethics, collaboration, opportunities for development and growing skills, fairness, competition, etc.*
- *What will I have accomplished, personally and professionally?*
- *Will I do work that is focused more on ideas, process, tangible things, or a combination of these?*
- *What industry/industries resonates with my values?*

YOUR FINANCES:

This one is simple. Think about what your compensation would look like in 5 years. Be realistic!

- *I would like to make \$_____ per year.*

YOUR TIME:

Your time is your most valuable resource. Think about how you would spend it.

- *Have how much control over do I have over my own schedule (both work and personal life)?*
- *Have this kind of typical day/schedule (example: I want to go to an office every day, or I want to work from home, or I want to work remotely but report to an office once a week):*
- *Spend _____ hours per week working.*

YOUR COMPANY:

When job hunting, we often look to replicate our current work environment in our next job. It's human nature to seek what is familiar to us. But think about your ideal company arrangement for a few minutes.

- *Would I work for a large company, small company, or myself?*



- *Would I work for a publicly-traded company, private equity-held company, privately-held company, my own company?*
- *Am I working for a non-profit, for-profit, or something else?*

YOUR IDENTITY:

Our work is tied to our identity, but should not be the only element of who you are. Take a step back and think holistically. Where do you want to be a positive influence? What does that look like?

- Will I have influence in the corporate world?
- Will I have influence in the political world?
- Will I have influence in my church?
- Will I have influence in civic/community life?

YOUR SKILLS:

Oftentimes, if it's easy for you but difficult for others, you've found your "sweet spot." Think about skills you have and skills you want.

- In 5 years, I will have developed the following skills:
- Use these skills I currently have: